



# Music as Experience: The Dalcroze Way

A WORKSHOP FOR ADULTS WITH DR. RUTH ALPERSON presented by

## Hoff-Barthelson Music School

with THE NEW YORK CHAPTER OF THE DALCROZE SOCIETY OF AMERICA

**Saturday, April 25, 2020, 2-5 pm**

Hoff-Barthelson Music School | 25 School Lane | Scarsdale NY | 914-723-1169 | [www.hbms.org](http://www.hbms.org) | [hb@hbms.org](mailto:hb@hbms.org)

*This workshop will be tailored to learners at a variety of experience levels. Dalcroze Eurhythmics students and teachers and those new to the method are welcome to attend and participate.*



**Dr. Ruth Alperson's** first eurhythmics class was with Inda Howland at Oberlin College; this set her on a lifelong career path in the discipline. She studied with Dr. Hilda Schuster in NYC at The Dalcroze School of Music, and obtained the Licentiate from The Dalcroze Teacher Training Course, directed by Elizabeth Vanderspar, in London, England. Ruth was awarded the *Diplôme*, the highest degree in Dalcroze studies, at *L'Institut Jaques-Dalcroze* in Geneva, Switzerland, and earned a Ph.D. in Arts and Humanities from N.Y.U. Ruth has given Dalcroze workshops in the U.S. and Canada, Central America, Europe, Asia, and Australia. She is a member of the Scientific Committee of the International Conference of Dalcroze Studies (ICDS).

**Émile Jaques-Dalcroze** developed the approach known as *Dalcroze Eurhythmics* in the early 20th century. Dalcroze pedagogy emphasizes the use of natural movements of the body in the learning of music concepts and musical expression. A central element in the process distinguishes Dalcroze Eurhythmics from other approaches: the use of improvised music by the eurhythmics teacher in communicating with—and responding to—the students.

### REGISTRATION:

**Please arrive for registration by 1:30 pm**

- Wear comfortable clothes for moving
- Footgear: non-slip socks, thin-soled shoes (no sneakers)
- Bare feet are best

**FEE:** \$15 NY Dalcroze Society Members and HBMS students  
\$35 Non-members

### RESERVATIONS REQUIRED

**Reserve your space by e-mailing  
[hb@hbms.org](mailto:hb@hbms.org)**

Limited to first 50 participants; observers will be accommodated if space allows.

Hoff-Barthelson Music School is a five-minute walk from the Scarsdale Metro-North train station.

*During this workshop we will journey through some of the Dalcroze Subjects—phrase, silence, beat type, measure shape, and explore a work from the literature through group improvisation.*

*The workshop will conclude with a Q&A session.*