

Hoff-Barthelson Music School

Enriching lives and creating community through music • Welcoming all ages

PROGRAM UPDATES: New classes for adult students at all stages of advancement!



I am pleased to share a number of exciting additions to our suite of Hoff-Barthelson Adult programs. Also, that we are expanding our existing partnership with the Scarsdale Adult School (SAS) in an effort to design and present programs that speak to the needs and interests of our area adult community. We are thrilled to partner with SAS and look forward to growing together!

The programs shared below would not be possible without the collaboration of our superb faculty whose input was critical to the development of these courses from concept to practice. Whether you are new to the School or a returning student, our faculty are very special...you have a real treat in store!

Our adult classes are suitable for seniors, mid-career professionals, parents, and college students. Some are semester-long classes that meet on a weekly basis, others meet for only a few weeks, or are one-off events designed to support learning and enhance your overall experience at the School.

Hoff-Barthelson continues to offer perennial adult favorites including Jazz Theory, Jazz Ensemble, Chamber Music, Flute Choir, and private lesson instruction. Learn more about these offerings [here](#). Registration opens on July 1, 2019.

See you at Hoff-Barthelson!
Christopher Kenniff, Dean of Programs

NEW COURSE OFFERINGS FOR ADULT STUDENTS, FALL 2019

In partnership with the Scarsdale Adult School

Learning Music through Movement – Dalcroze Eurhythmics for Adults, Ruth Alperson, PhD, instructor. Developed in the early twentieth century by Swiss musician and educator Émile Jaques-Dalcroze, Dalcroze eurhythmics teaches concepts of rhythm, structure, and musical expression using movement. This class emphasizes learning through action and natural movements (walking, jogging, stretching, and physical gestures). Improve balance, gain confidence in movement, memorization, and focus, and enjoy a musical experience with adult peers. *Four class sessions, Wednesdays, September 11 - October 2, 2019, 1:30 - 3 p.m., \$150*

Ring Your Chime! Donna Elaine, instructor. For those who would like to play an instrument that requires no home practice, come ring a chime (or two). Participate in the joy of making music with others in a highly kinesthetic experience. *Nine class sessions, Thursdays, October 3 - December 5, 2019 (skip date: 11/28), 11 a.m. - 12 p.m., \$225*

Songwriting Workshop, Jacob Friedman, instructor. Develop your own creative ideas while studying songs by great artists in a variety of musical styles. Aspiring songwriters, singers, and instrumentalists are invited to participate. Bring your instrument and enjoy collaborating and sharing your ideas in a workshop environment. *Ten class sessions, Tuesdays, September 10 - December 3, 2019 (skip dates: 10/1, 10/8, 11/5), 7:30 - 8:30 p.m., \$250*

Piano History and Literature, Benita Meshulam, instructor. This seminar-style class brings piano students together to learn about the piano's history, literature, and performance traditions, covering one or two composers in each session. After a short lecture and demonstration, students will listen to select pieces and then discuss, drawing connections between the piano's repertoire, society, and other art forms. A central aim is to deepen students' love of music – the piano and its repertoire in particular. Develop critical listening skills, knowledge of repertoire, and the ability to communicate about music. *Fifteen class sessions, Thursdays, September 12, 2019 - January 9, 2020 (skip dates: 11/28, 12/26, 1/2), 2:30-3:30 p.m., \$490*

Learn to Play Ukulele, Mindy Smith, instructor. Everyone looks happier strumming a ukulele! This beautiful instrument is especially popular now with adults who want to experience the warm and lovely tones while learning to play chords, strum, and sing along. No previous musical experience is necessary but you must bring your own ukulele to class. *Ten class sessions, Mondays, September 9 - December 2, 2019 (skip dates: 9/30, 10/14, 11/11), 12:30 - 1:30 p.m., \$270*

Club Ukulele, Mindy Smith, instructor. Ukulele strummers grades 9 - adults unite to enjoy playing the Ukulele together in a large group. A fun, social, and musical opportunity to develop your playing ability, learn new songs, and meet other music enthusiasts. *Ten class sessions, Mondays, September 9 - December 2, 2019 (skip dates: 9/30, 10/14, 11/11), 6 - 7 p.m., \$270*

Introduction to the Alexander Technique, Claudia Wald, instructor. Alexander Technique is a mind/body process that helps change harmful habits that may cause everyday stress and fatigue and can lead to pain. These habits prevent people from fully enjoying life and the interests they wish to pursue. Through Alexander Technique, students will learn healthy and easeful posture and self-care techniques to move more freely and with less effort. The instructor will work individually with each student on a chosen activity or musical instrument. *Six class sessions, Fridays, October 18 - November 22, 2019, 1 - 2:15 p.m., \$180*

Scarsdale Singers: Choral Singing Group, Laura Green, instructor. Adult vocalists sing together in a comfortable and friendly atmosphere. Ensemble repertoire includes selections from musical theater, classical repertoire, seasonal favorites, and popular songs. Participants determine each season's repertoire under advisement of the instructor. Singers in this ensemble must have some previous vocal study or choral singing experience, as well as elementary music reading skills. This ensemble is structured to allow singers of varying levels of experience to enjoy making music together. *Fifteen class sessions, Mondays, September 9, 2019 - January 27, 2020 (skip dates: 9/30, 10/14, 11/11, 12/23, 12/30, 1/20), 2 - 3 p.m., \$375*

Michael Boriskin Lecture Series. A four lecture series focusing on celebrating the partnership between Copland House and HBMS with tie-ins to the School's 75th anniversary and the Contemporary Festival. The two lectures for our fall term are listed below. Spring lecture dates and topics are in-development.

Appalachian Spring at 75: Celebrating "A Legend of American Living"

Three-quarters of a century ago this fall, two of America's most formidable artists – modern dance pioneer Martha Graham and "Dean of American Composers" Aaron Copland – undertook their only collaboration. Together, they created an enduring tale of struggle, survival, renewal, friendship, and faithfulness that immediately became a beloved landmark in 20th century American theater – the Pulitzer

Prize-winning ballet *Appalachian Spring*. A triumph at its 1944 World Premiere, it was lauded by *The New York Times* for its “lean and tender beauty,” and as “the quintessential American dance work ... a lovelier work you would have to go far to find.” Copland House Artistic and Executive Director Michael Boriskin brings special insights into this extraordinary work, which has continuing resonance and relevance today through what Graham once called its “inner frame that holds together a people.” *One class session, Friday, October 11, 2019, 11 a.m. - 12 p.m., \$30*

1944-45: Musical Lights in a Darkened Sky

Aaron Copland described musical creativity as “a confirmation of life.” While a group of Westchester visionaries succeeded during the seemingly endless dark days of World War II 75 years ago in establishing an artistic oasis that became the Hoff-Barthelson Music School, leading composers in the U.S. and Europe were producing thrilling, life-affirming musical works. Acclaimed pianist and lecturer Michael Boriskin leads a wide-ranging tour through some of the most iconic and remarkable music created during that notable year of 1944-45 by a *Who’s Who* of A-list composers, including Igor Stravinsky, Dmitri Shostakovich, Leonard Bernstein, Samuel Barber, Benjamin Britten, Bela Bartok, Duke Ellington, Thelonious Monk, and others. *One class session, Friday, November 15, 2019, 11 a.m. - 12 p.m., \$30*

DALCROZE EURHYTHMICS WORKSHOPS FOR ADULT STUDENTS

Dalcroze Eurhythmics Master Class Series at Hoff-Barthelson

We are thrilled to share that the School will present *Learning Music through Action: the Dalcroze Way, a Master Class Series with Dr. Ruth Alperson*. Ruth’s service to the school over many decades as a teacher, and Dean is well-known. Less well known in our community is that Ruth is widely acknowledged as one of the leading experts worldwide in the field of Dalcroze Eurhythmics, an approach to teaching that is the foundation of our School’s Early Childhood and Musicianship Programs. The master classes below invite our community to benefit directly from Ruth’s expertise in a direct and experiential way. These classes are tailored to learners at a variety of experience levels, allowing all who love music, movement, and learning to benefit.

- **Dalcroze Eurhythmics Class for Parents with Children in the Early Childhood Music Program**
Classes in Dalcroze eurhythmics are appropriate for people of all ages and levels of expertise. This workshop is designed especially for parents of young children enrolled in Hoff-Barthelson’s Early Childhood Music classes. Parents will have the opportunity to experience the Dalcroze approach—used in to their children’s classes—while learning elements of music in the beautiful Behrens Bergman auditorium. Please join the group for refreshments afterwards while engaging in a Q and A session.
 - Saturday, September 28, 2019, 3 - 4:30 p.m., \$10
 - Saturday, February 8, 2020, 3 - 4:30 p.m., \$10
- **Dalcroze Eurhythmics Class for adults taking music lessons**
Adults taking private lessons have the opportunity to learn elements of music via the Dalcroze approach, which uses natural movement—walking, jogging, stretching, clapping—in the teaching process. Basic elements of music, including beat, tempo, rhythm pattern, meter and phrase, will be addressed, culminating in a musical work. Please join the group for refreshments afterwards while engaging in a Q and A session.
 - Saturday, October 5, 2019, 3 - 4:30 p.m., \$10 HBMS students; \$60 non-HBMS students
 - Saturday, April 18, 2020, 3 - 4:30 p.m., \$10 HBMS students; \$60 non-HBMS students

Dalcroze Eurhythmics Teacher Training Course

As in past years, we are pleased to offer the Dalcroze Teacher Training Course at Hoff. Whether you are working towards obtaining Dalcroze Certification, or you simply wish to develop your personal practice, this is a wonderful opportunity to train with a world-renown pedagogue, our very own Dr. Ruth Alperson. Please click on the flyer below to visit our website.



Dalcroze Teaching Training Course

EURHYTHMICS, SOLFÈGE, IMPROVISATION & PEDAGOGY FOR BEGINNING AND INTERMEDIATE STUDENTS

COURSE DESCRIPTION

The Dalcroze Teacher Training Course at Hoff-Barthelson offers instruction in eurhythmics, solfège, improvisation, and pedagogy for beginning and intermediate students. Participants may choose to work toward obtaining Dalcroze certification at the Certificate and License levels.

Working with peers, students put principles into practice as they gain skills in movement, sight singing, ear training, improvisation, and playing for movement.

Our teacher-training course is designed and taught by Ruth Alpers, Ph.D., holder of the Dalcroze Diplôme Supérieur, Geneva. The course is endorsed by the Institut Jaques-Dalcroze in Geneva, Switzerland. Dalcroze Certificates from Hoff-Barthelson are recognized by Dalcroze schools and training centers worldwide.

ABOUT DALCROZE EURHYTHMICS

Swiss musician, educator and composer Émile Jaques-Dalcroze developed Dalcroze Eurhythmics – also known as the Dalcroze Method – an approach to learning and teaching music through natural body movement. Underlying his methodology was the belief that at the core of musical experience is rhythm, which is embodied in movement and gesture.

Movement work in a Dalcroze eurhythmics class is dynamic and personal; it leads to a strong and supportive community working together in the classroom. It offers unique experiences and tools for musicians, educators, dancers, therapists, and those in related disciplines who wish to apply the Dalcroze Method in their classes, and enrich their personal skills.



Instructor Ruth Alpers, Ph.D.
Dalcroze Diplôme Supérieur, Geneva

Wednesdays, 9:30 am—12:30 pm
September 18, 2019—May 27, 2020

Tuition: \$2,200

**For information, please contact
Laura Kay, Registrar
lkay@hbms.org | 914-723-1169**

Hoff-Barthelson Music School

www.hbms.org | 914-723-1169

Westchester's Premier Community Music School

25 School Lane, Scarsdale



Programs of HBMS are made possible, in part, by ArtsWestchester with support from Westchester County Government, and the New York State Council on the Arts with the support of Governor Andrew Cuomo and the New York State Legislature.

NEW ADULT MUSICIANSHIP TRAINING CLASS

Improvisation for Everyone!

One 55-minute class per week

Tuesdays, 2 p.m.

Class size: 5 - 12 students

Instructor: Janet Grice

\$645

Musicianship training in practice: instrumental and vocal students studying classical music develop aural skills, technical ability, and knowledge of music theory through the art of improvisation. This hands-on class engages students in performing with others, and exploring one's own creative potential. Taught by Dr. Janet Grice, an educator with 40 years of experience teaching improvisation to students of all ages and ability levels. *Participants should know major and minor scales, and intervals.*

IS THERE AN ADULT PROGRAM THAT YOU WISH TO BE DEVELOPED AT HB?

Please email your ideas for new adult programming to Christopher Kenniff, ckenniff@hbms.org. Ensembles, classes, enhancements to existing programs, and thoughts about how we might foster a more vibrant sense of community for adult learners are welcome!